**Supplemental Material**

**Correlation of Change Scores**

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*Note.* Shown are change scores calculated from composite scores, aggregating drift rates across all tasks and masking time conditions and WM performance across the three practiced tasks. Blue line: linear regression slope. Shaded area: 95% CI. The resulting correlation is *r* = .233 (*t*[99] = 2.38, *p* = .019).